

NOVEMBER

BREAKFAST

HOT & COLD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<ul style="list-style-type: none"> HOT pancake w/ syrup ¹ orange juice
<ul style="list-style-type: none"> Yogurt/cereal ⁴ Honey grahams juice 	<ul style="list-style-type: none"> HOT mini cheese omelet w/ french toast stick ⁵ 	<ul style="list-style-type: none"> NEW waffle w/ syrup ⁶ orange juice 	<ul style="list-style-type: none"> plain bagel w/ cream cheese ⁷ 	<ul style="list-style-type: none"> Blueberry muffin ⁸ pineapple juice
NO SCHOOL ¹¹	<ul style="list-style-type: none"> multigrain cheerios/ mini dipperdoodle bar ¹² 	<ul style="list-style-type: none"> HOT french toast sticks ¹³ pineapple juice optional 	<ul style="list-style-type: none"> Cereal ¹⁴ zee zee berry apple crisp bar 	<ul style="list-style-type: none"> plain bagel w/ cream cheese ¹⁵ orange juice optional
<ul style="list-style-type: none"> mini dipperdoodle string cheese ¹⁸ juice 	<ul style="list-style-type: none"> banana muffin ¹⁹ 	<ul style="list-style-type: none"> HOT pancakes w/ syrup ²⁰ orange juice 	<ul style="list-style-type: none"> plain bagel w/ cream cheese ²¹ 	<ul style="list-style-type: none"> cheerios /zee zees berry apple crisp bar juice ²²
<ul style="list-style-type: none"> Cheerios/zee zee cinnamon crisp bar juice ²⁵ 	<ul style="list-style-type: none"> plain bagel w/ cream cheese ²⁶ 	Happy thanksgiving ²⁷	Happy thanksgiving ²⁸	Happy thanksgiving ²⁹

Did you know?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

NOVEMBER

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<ul style="list-style-type: none"> pepperoni pizza ¹ baby carrots
<ul style="list-style-type: none"> hot dog (df) ⁴ three bean salad 	<ul style="list-style-type: none"> cheeseburger ⁵ baby carrots w/ ranch 	<ul style="list-style-type: none"> baked mac & cheese w/ bbq chicken ⁶ garlic lime corn 	<ul style="list-style-type: none"> breakfast for lunch: pancakes w/ omelet (vg) ⁷ lemon pepper green beans ¹³ 	<ul style="list-style-type: none"> cheese pizza (vg) ⁸ Broccoli and carrot salad
NO SCHOOL ¹¹	<ul style="list-style-type: none"> cheeseburger ¹² steamed carrots 	<ul style="list-style-type: none"> fiesta scoops w/ three layer dip (vg) ¹³ black beans, Edamame, ¹³ 	<ul style="list-style-type: none"> penne pasta w/ meat sauce (df) ¹⁴ garlic Italian corn ¹⁴ 	<ul style="list-style-type: none"> pepperoni pizza ¹⁵ Sliced cucumbers
<ul style="list-style-type: none"> cheeseburger ¹⁸ seasoned green beans 	<ul style="list-style-type: none"> NEW chicken and waffles ¹⁹ broccoli 	<ul style="list-style-type: none"> hearty veggie chili (vg) ²⁰ baby carrots w/ ranch 	<ul style="list-style-type: none"> roasted turkey and yams and cheese and yams (vg) ²¹ Limited options mashed potatoes 	<ul style="list-style-type: none"> pepperoni pizza ²² Cilantro lime pinto bean
<ul style="list-style-type: none"> chicken bites ²⁵ green peas 	<ul style="list-style-type: none"> bbq chicken drumsticks w/ cheesy rice ²⁶ coleslaw 	Happy thanksgiving ²⁷	Happy thanksgiving	Happy thanksgiving

Did you know?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always: Designed with Kids | Created by Chefs | Nutritionally Balanced | Made with High-Quality Ingredients
 Learn more about us on our website at www.revolutionfoods.com



This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily.

DAIRY-FREE (DF) VEGETARIAN (V) options available daily – if not listed on the menu, available upon request.

VEGETABLE OF THE DAY

NOVEMBER

CACFP **FULL FRESH SUPPER**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 • five cheese lasagna (vg)
4 • chicken bites	5 • hot dog (df)	6 • cheesy stuffed breadsticks w/ marinara cup (vg)	7 • mac & cheese w/ broccoli	8 • cheeseburger
11 NO SCHOOL	12 • NEW bean and cheese burrito	13 • pepperoni pizza	14 • cheesy ravioli	15 • NEW chicken corndogs
18 • cheesy stuffed breadsticks w/ marinara cups	19 • orange grilled chicken bites (df)	20 • bbq chicken plate	21 • hot dog (df)	22 • spaghetti and meatballs (df)
25 • chicken bites (df)	26 • fiesta supper bowl	27 Happy Thanksgiving	28 Happy Thanksgiving	29 Happy Thanksgiving

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SUPPER: choice of 1% or fat-free milk; fresh fruit available daily.

STUDENT FAVORITE ★

NOVEMBER

SNACK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<ul style="list-style-type: none"> cinnamon rumbles ¹
<ul style="list-style-type: none"> giant cinnamon goldfish grahams ⁴ 	<ul style="list-style-type: none"> color goldfish w/ juice ⁵ 	<ul style="list-style-type: none"> education al snacks ⁶ 	<ul style="list-style-type: none"> honey wheat crackers w/ juice ⁷ 	<ul style="list-style-type: none"> goldfish crackers w/ string cheese ⁸
NO SCHOOL ¹¹	<ul style="list-style-type: none"> Giant cinnamon goldfish w/ juice ¹² 	<ul style="list-style-type: none"> ranch rumbles ¹³ 	<ul style="list-style-type: none"> goldfish pretzels w/ juice ¹⁴ 	<ul style="list-style-type: none"> cheddar goldfish ¹⁵
<ul style="list-style-type: none"> pizza cracker ¹⁸ 	<ul style="list-style-type: none"> education al snacks ¹⁹ 	<ul style="list-style-type: none"> cinnamon rumbles ²⁰ 	<ul style="list-style-type: none"> honey grahams w/ juice ²¹ 	<ul style="list-style-type: none"> honey wheat crackers w/ sunbutter ²²
Yogurt ²⁵	<ul style="list-style-type: none"> honey wheat crackers w/ juice ²⁶ 	Happy Thanksgiving ²⁷	Happy Thanksgiving ²⁸	Happy Thanksgiving ²⁹

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SNACK: fresh fruit available daily except when Sunbutter, string cheese or juice is served.

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