

HOT & COLD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	Shelf Stable 2 Cheerios with Educational Snacks	Cinnamon 3 Chex/Fruit
Zee Zees Cinnamon Crisp Bar/Fruit	7 Blueberry Burst Whole Grain Bagel with Cream Cheese/Fruit	French Toast Muffin/Fruit Orange Juice available	Plain Whole Wheat Bagel with Cream Cheese/ Fruit	HOT Pancakes 0 with Syrup/Fruit Pineapple Juice Available
Cinnamon Chex Yogurt with Granola/Fruit Orange Juice Available	14 Lemon Muffin/Fruit	HOT French Toast Sticks/Fruit Pineapple Juice available	16 Breakfast Cinnamon Crumble/Fruit	Blueberry Muffin 17 Plain Whole Wheat Bagel with Cream Cheese/Fruit Orange Juice Available
NO SCHOOL	21 Banana Muffin/Fruit	HOT Pancakes <sup>22</sup> with Syrup/Fruit Orange Juice Available	Plain Whole Wheat Bagel with Cream Cheese/Fruit	24 French Toast Muffin/Fruit Pineapple Juice Available
Cinnamon Chex Yogurt with Educational Snacks/Fruit Orange Juice Available	28 HOT Waffle and Syrup	HOT Cinnamon Toast Bagel/Fruit Pineapple Juice Available	30 Banana Muffin/Fruit	Cheerios with 31 String Cheese Orange Juice Available

know?

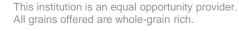
hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!



Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

Dairy-Free (DF)

**Vegetarian (V)** 









MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	Shelf Stable Roasted Red Pepper Hummus, Cheese Vegetable Juice (V)	Cheese Pizza with Whole Grain Crust (V)
				Steamed Corn
Five Cheese Lasagna (V) Steamed Carrots	Cheese Enchiladas (V) Chili Citrus Corn	Baked mac & Cheese  Pinto Beans	Cheesy Ravioli (V)  Lemon Pepper Green Beans	10 Cheese Pizza with Whole Grain Crust Chopped Lettuce & Tomatoes with Ranch
Crispy Chicken Sandwich (DF)	Penne Pasta with Meat Sauce (DF) Chopped Lettuce & Sliced Tomatoes	Chicken Bites (DF) Seasoned Black Beans	Orange Grilled Chicken Bites (DF) Carrot, Corn & Peas	Pepperoni Pizza Cilantro Lime Pinto Beans
NO SCHOOL	Spaghetti Marinara with Mozarella (V) Green Beans	Sweet Garlic Noodles with Chicken Thigh Steamed Carrots	Chicken Pesto 23 Pasta Salad Seasoned Kidney Beans	Pepperoni Pizza Carrot, Corn & Peas
Hearty Veggie Chili (V) Steamed Carrots	28 BBQ Chicken with Cheesy Rice Coleslaw	Chicken Bites with Waffles Seasoned Black Beans	Flame Broiled Beef Burger (DF) Corn and Tomato Salad	Pepperoni Pizza Blanched Broccoli Florets with Ranch

Did you know?

Revolution Foods is proud to serve fresh food made with real ingredients that are always kid-inspired, chef-crafted AND student-approved!

Learn more about us on our website at www.revolutionfoods.com



This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

Student Favorite \*



**Dairy-Free (DF) Vegetarian (V)** options available daily – if not listed on the menu, available upon request



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	Revolution Foods Honey Wheat Crackers with Sunbutter	Goldfish Cheese Crackers with String Cheese
Giant Cinnamon Goldfish Grahams/Fruit	Goldfish Colors Cheddar Crackers/ Juice	8 Educational Snacks/ Fruit	Revolution Foods Honey Wheat Crackers/Juice	Goldfish Cheese Crackers with String Cheese
Goldfish Colors Cheddar Crackers/Fruit	14 Giant Cinnamon Goldfish	Revolution Foods Honey Wheat Crackers with String Cheese	Goldfish Pretzels/Juice Honey Grahams/Fruit	Goldfish Cheese Crackers/Fruit String Cheese/Fruit
NO SCHOOL	21 Educational Snacks/Fruit	22 Goldfish Colors	23 Honey Grahams/Juice	2 4 Giant Cinnamon Goldfish Grahams/Fruit
27 Yogurt/Fruit	28 Revolution Foods Honey Wheat Crackers/Juice	Educational Snacks/Fruit	Goldfish Colors Cheddar Crackers/Juice	31 Pizza Crackers/Fruit

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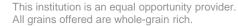
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Fresh fruit available daily except when fruit juice, string juice or Sunbutter are served.

Dairy-Free (DF)

**Vegetarian (V)** 







MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	Supper Kit: Cheddar Goldfish, RF Crackers, String Cheese, Sunflower Seeds and Carrots (V)	Chicken Bites (DF)
Supper Kit: Cheddar Goldfish, RF Crackers, String Cheese, Sunflower Seeds and Carrots (V)	Prerolled Bean and Cheese Burrito (V)	Cheesy Stuffed Breadsticks with Marinara Cup (V)	Mac and Cheese with Broccoli (V)	Chicken Corn Dogs
Crispy Chicken Sandwich (DF)	14 Cheese Enchiladas (V)	15 Pepperoni Pizza	Garden Ranch Salad with Chicken Breakfast	17 Chicken Corn Dogs
NO SCHOOL	Chicken Potstickers (DF)	Mac and Cheese with Broccoli (V)	The Revolution Hot Dog (DF)	Classic Spaghetti and Meatballs (DF)
Chicken Bites (DF)	Ranchero 28 Chicken Con Queso Rice Bake	Veggie Chef's Salad (V)	30 Cheese Pizza with Whole Grain Crust (V)	Five Cheese Lasagna (v) Girls school no dinner

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