

January

BREAKFAST

HOT & COLD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	Shelf Stable Cheerios with Educational Snacks 2	Cinnamon Chex/Fruit 3
Zee Zees Cinnamon Crisp Bar/Fruit 6	Blueberry Burst Whole Grain Bagel with Cream Cheese/Fruit 7	French Toast Muffin/Fruit Orange Juice available 8	Plain Whole Wheat Bagel with Cream Cheese/ Fruit 9	HOT Pancakes with Syrup/Fruit 10 Pineapple Juice Available
Cinnamon Chex Yogurt with Granola/Fruit Orange Juice Available 13	Lemon Muffin/Fruit 14	HOT French Toast Sticks/Fruit Pineapple Juice available 15	Breakfast Cinnamon Crumble/Fruit 16	Blueberry Muffin 17 Plain Whole Wheat Bagel with Cream Cheese/Fruit Orange Juice Available
NO SCHOOL 20	Banana Muffin/Fruit 21	HOT Pancakes with Syrup/Fruit Orange Juice Available 22	Plain Whole Wheat Bagel with Cream Cheese/Fruit 23	French Toast Muffin/Fruit Pineapple Juice Available 24
Cinnamon Chex Yogurt with Educational Snacks/Fruit Orange Juice Available 27	HOT Waffle and Syrup 28	HOT Cinnamon Toast Bagel/Fruit Pineapple Juice Available 29	Banana Muffin/Fruit 30	Cheerios with String Cheese Orange Juice Available 31

Did you know?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

revolution foods.

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

Dairy-Free (DF)

Vegetarian (V)

Student Favorite ★

January



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2 Shelf Stable Roasted Red Pepper Hummus, Cheese Vegetable Juice (V)	3 Cheese Pizza with Whole Grain Crust (V) Steamed Corn
6 Five Cheese Lasagna (V) Steamed Carrots	7 Cheese Enchiladas (V) Chili Citrus Corn	8 Baked mac & Cheese Pinto Beans	9 Cheesy Ravioli (V) Lemon Pepper Green Beans	10 Cheese Pizza with Whole Grain Crust Chopped Lettuce & Tomatoes with Ranch
13 Crispy Chicken Sandwich (DF) Steamed Carrots	14 Penne Pasta with Meat Sauce (DF) Chopped Lettuce & Sliced Tomatoes	15 Chicken Bites (DF) Seasoned Black Beans	16 Orange Grilled Chicken Bites (DF) Carrot, Corn & Peas	17 Pepperoni Pizza Cilantro Lime Pinto Beans
20 NO SCHOOL	21 Spaghetti Marinara with Mozzarella (V) Green Beans	22 Sweet Garlic Noodles with Chicken Thigh Steamed Carrots	23 Chicken Pesto Pasta Salad Seasoned Kidney Beans	24 Pepperoni Pizza Carrot, Corn & Peas
27 Hearty Veggie Chili (V) Steamed Carrots	28 BBQ Chicken with Cheesy Rice Coleslaw	29 Chicken Bites with Waffles Seasoned Black Beans	30 Flame Broiled Beef Burger (DF) Corn and Tomato Salad	31 Pepperoni Pizza Blanched Broccoli Florets with Ranch

Did you know?

Revolution Foods is proud to serve fresh food made with real ingredients that are always kid-inspired, chef-crafted AND student-approved!

Learn more about us on our website at www.revolutionfoods.com



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Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

Vegetable of the Day

Dairy-Free (DF) Vegetarian (V) options available daily – if not listed on the menu, available upon request

Student Favorite ★

January

SNACK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2 Revolution Foods Honey Wheat Crackers with Sunbutter	3 Goldfish Cheese Crackers with String Cheese
6 Giant Cinnamon Goldfish Grahams/Fruit	7 Goldfish Colors Cheddar Crackers/ Juice	8 Educational Snacks/ Fruit	9 Revolution Foods Honey Wheat Crackers/Juice	10 Goldfish Cheese Crackers with String Cheese
13 Goldfish Colors Cheddar Crackers/Fruit	14 Giant Cinnamon Goldfish	15 Revolution Foods Honey Wheat Crackers with String Cheese	16 Goldfish Pretzels/Juice Honey Grahams/Fruit	17 Goldfish Cheese Crackers/Fruit String Cheese/Fruit
20 NO SCHOOL	21 Educational Snacks/Fruit	22 Goldfish Colors	23 Honey Grahams/Juice	24 Giant Cinnamon Goldfish Grahams/Fruit
27 Yogurt/Fruit	28 Revolution Foods Honey Wheat Crackers/Juice	29 Educational Snacks/Fruit	30 Goldfish Colors Cheddar Crackers/Juice	31 Pizza Crackers/Fruit

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Fresh fruit available daily
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string juice or Sunbutter
are served.

Dairy-Free (DF)

Vegetarian (V)

Student Favorite ★

January

SUPPER

FULL FRESH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	Supper Kit: Cheddar Goldfish, RF Crackers, String Cheese, Sunflower Seeds and Carrots (V) 2	3 Chicken Bites (DF)
6 Supper Kit: Cheddar Goldfish, RF Crackers, String Cheese, Sunflower Seeds and Carrots (V)	7 Prerolled Bean and Cheese Burrito (V)	8 Cheesy Stuffed Breadsticks with Marinara Cup (V)	9 Mac and Cheese with Broccoli (V)	10 Chicken Corn Dogs
13 Crispy Chicken Sandwich (DF)	14 Cheese Enchiladas (V)	15 Pepperoni Pizza	16 Garden Ranch Salad with Chicken Breakfast	17 Chicken Corn Dogs
20 NO SCHOOL	21 Chicken Potstickers (DF)	22 Mac and Cheese with Broccoli (V)	23 The Revolution Hot Dog (DF)	24 Classic Spaghetti and Meatballs (DF)
27 Chicken Bites (DF)	28 Ranchero Chicken Con Queso Rice Bake	29 Veggie Chef's Salad (V)	30 Cheese Pizza with Whole Grain Crust (V)	31 Five Cheese Lasagna (V) <small>Girls school no dinner</small>

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Dairy-Free (DF)

Vegetarian (V)

Student Favorite ★