BREAKFAST HOT & COLD

			11/1///////////////////////////////////	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Corn chex cereal with educational snack/ Fruit	Omelet / French <sup>3</sup> toast stick Blueberry bagel with cream cheese/ Fruit	4 Waffle with syrup/ Fruit French toast muffin/ Fruit	Chickensausage bagel/ Fruit Plain bagel w/ cream cheese/ Fruit	Pancakes with <sup>6</sup> syrup/ Fruit Blueberry muffin/ Fruit
9 Cinnamon chex cereal/ Fruit	10 Egg and cheese brekwhich/ Fruit Lemon Muffin/ Fruit	11 French toast sticks/ Fruit Blueberry bagel with cream cheese/ Fruit	12 Turkey and cheddar omelet gordita/ Fruit Cinnamon Crumble/ Fruit	13 Waffles with syrup/ Fruit Plain bagel with cream cheese/ Fruit
16	17	18	19	20
Cereal cheerios with string cheese/ Fruit	Blueberry bagel with cream cheese/ Fruit Banana muffin/	Buenos dias burrito/ Fruit Cinnamon Crumble/ Fruit	Zee zee berry apple crisp bar/ Fruit	Corn chex cereal with string cheese/ Fruit
23	Fruit 24	25	26	27
Yogurt with granola/ Fruit	Waffle with syrup/ Fruit Banana muffin/ Fruit	Blueberry bagel with cream cheese/ Fruit	Lemon Muffin/ Fruit	Cinnamon toast bagel/ Fruit Plain bagel with cream cheese
30 Corn chex cereal with educational snack/ Fruit	31 Blueberry bagel with cream cheese/ Fruit			

National School Breakfast Week is March 2-6, 2020! Celebrate

know?

revolution foods.

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

**Dairy-Free (DF) Vegetarian (V)** 

Student Favorite 🛨





Not Dogs Citra   Steamed Carrots Citra   9 Crispy Chicken Sandwich Steamed Carrots Cher Lette Slice   Mac & Cheese w/ BBQ Chicken Seasoned Green Beans Spag Mari Seasoned Green Beans   23 23   Hearty Veggie Chili BBC	ese hilada us Corn 10 eseburger uce with ed Tomatoes 17 ghetti inara	Bake Mac & Cheese Pinto Beans4Chicken Bites (DF) Black Beans11Hot Dogs18	5 Rice & beans with chicken Lemon Pepper Green Beans 12 Breaded Orange Chicken Carrots, Corn, Peas	6 Cheese Pizza Lettuce w/ Tomatoes 13 13 Pepperoni Pizza Cilantro Lime Pinto Beans 20
Crispy Chicken Sandwich Steamed CarrotsCher Lette SliceMac & Cheese w/ BBQ Chicken Seasoned Green BeansSpag Mari Seas Brode2323Hearty Veggie ChiliBBG with	eseburger uce with ed Tomatoes 17 ghetti	Chicken Bites (DF) Black Beans	Breaded Orange Chicken Carrots, Corn, Peas	Pepperoni Pizza Cilantro Lime Pinto Beans
Mac & Cheese w/ BBQ ChickenSpag Mari Seasoned Green Beans2323Hearty Veggie ChiliBBG with	ghetti			20
Hearty Veggie BBC Chili with	soned ccoli Florets	Steamed Carrots	Pasta Salad Kidney Beans	Cheese Pizza Carrots, Corn, Peas
Steamed Carrots Cole	24 Chicken Cheesy Rice eslaw	25 Chicken Bites w/ waffle Broccoli Florets	26 Flame Broiled Beef Burger Lemon Pepper Corn	27 Pepperoni Pizza Black Beans
30 Five Cheese Lasagna Steamed Carrots				

Did you know?

Revolution Foods is proud to serve fresh food made with real ingredients that are always kid-inspired, chef-crafted AND student-approved!

Learn more about us on our website at www.revolutionfoods.com



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### Student Favorite ★

#### Vegetable of the Day

### Dairy-Free (DF) Vegetarian (V)

options available daily – if not listed on the menu, available upon request



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cinnamon grahams/ Fruit	3 Goldfish colors/ Fruit	4 Educational snacks/ Fruit	5 Honey wheat crackers/ Fruit	6 Goldfish cheddar crackers/ Fruit
9 Educational snacks/ Fruit	10 Cinnamon crackers/ Fruit	11 <b>Yogurt/ Fruit</b>	12 Goldfish pretzels/ Fruit	13 Goldfish cheddar crackers/ Fruit
16 Pizza crackers/ Fruit	17 Educational snacks/ Fruit	18 Goldfish colors/ Fruit	19 Honey grahams/ Fruit	20 Educational snacks/ Fruit
23 <b>Yogurt/ Fruit</b>	24 Goldfish pretzels/ Fruit	25 Educational snacks/ Fruit	26 Goldfish colors/ Fruit	27 <b>Pizza crackers/</b> Fruit
30 Educational snacks/ Fruit	31 Goldfish colors/ Fruit			

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Vegetarian (V)





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Chicken Bites (DF)	RF Hot Dog w/ Baby Carrots (DF)	Mozzarella- Stuffed Breadsticks (V)	Mac and Cheese w/ Broccoli (V)	Cheeseburger with Lettuce & Tomato
9	10	11	12	13
Crispy Chicken Sandwich (DF)	Cheese lasagna	Pepperoni Pizza w/ Broccoli	Garden Ranch Salad with Chicken Breast	Chicken Corn Dog Bites
16 Supper Kit: Goldfish	17 Cheddar Cheese	18 Mac and	19 <b>RF Hot Dog w/</b>	20 Spaghetti and
Crackers, Yogurt & Carrots (V)	Sandwich w/ Carrots (V)	Cheese w/ Broccoli (V)	Ketchup & Baby Carrots	Meatballs w/ Carrots (DF)
23	24 <b>Cheddar</b>	25	26	27
Chicken Bites (DF)	Cheese Sandwich (V)	Cheese Pizza	Cheese Pizza w/ Baby Carrots (V)	Cheese Lasagna (V)
30 Chicken Bites (DF)	31 Hot Dog w/ Baby Carrots (DF)			

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Vegetarian (V)

Student Favorite ★