

Character Education

Week of Oct 19th-23rd

Hello Parents and Legal Guardians!!!

This week for Character Education I am providing these supplemental materials to go along with our current unit of Covid and Coping. This is a Daily Routines activity sheet that I will be using to aid in discussing on how our daily routines and lives have changed due to Corona Virus. Scholars do not need to do anything with this packet until our class lesson. They will need this packet, a pencil, and crayons for this activity.

Thank you so much in advance and I look forward to seeing all the beautiful faces via Zoom.

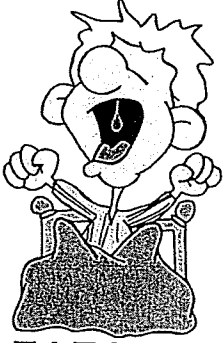
Best wishes,

Ms Vigo

The School Counselor



DAILY ROUTINES PICTURE DICTIONARY



get up



take a shower



brush teeth



shave



get dressed



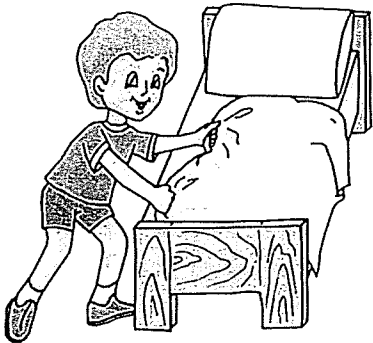
put on
makeup



brush hair



comb hair



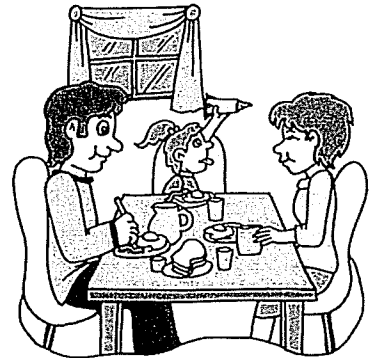
make the bed



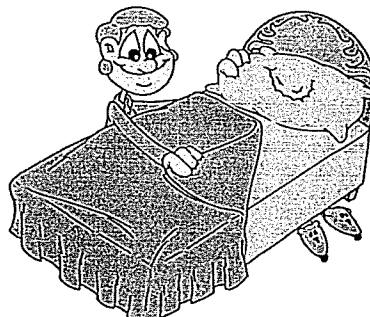
have a bath



make
breakfast



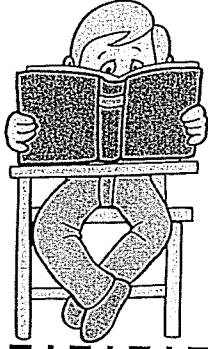
have breakfast



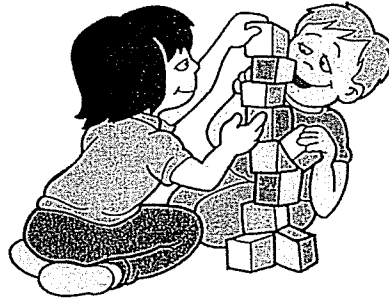
DAILY ROUTINES PICTURE DICTIONARY 2



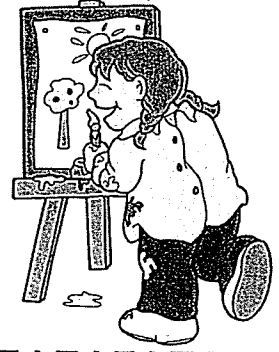
have lessons



read a book



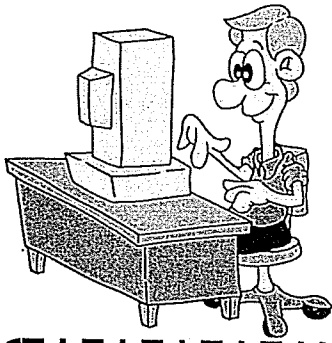
play games



draw pictures



do exercises



go online



do homework



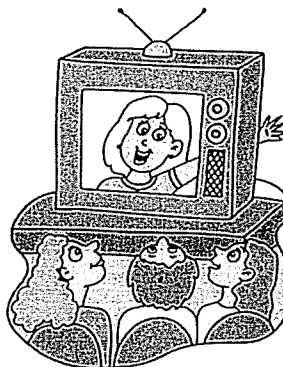
listen to music



ride a bicycle



drive a car



watch TV



drink water



Name: _____

Date: _____

Write a paragraph that shows what your life was like prior to COVID-19

Now write another paragraph on how your current life has changed due to COVID-19.

Character Education

Weeks of: Oct 26th- 30th , November 2nd-6th , November 9-13th

Hello Parents and Legal Guardians!!!

For the next several of weeks in Character Education I am providing these supplemental materials to go along with our current unit of Covid and Coping. This is a “My 2020 COVID-19 Time Capsule” packet that I will be using to help scholars be able to tell their experinces during the pandemic. Scholars do not need to do anything with this packet until our class lesson. They will need this packet and, a pencil for this activity.

Thank you so much in advance and I look forward to seeing all the beautiful faces via Zoom.

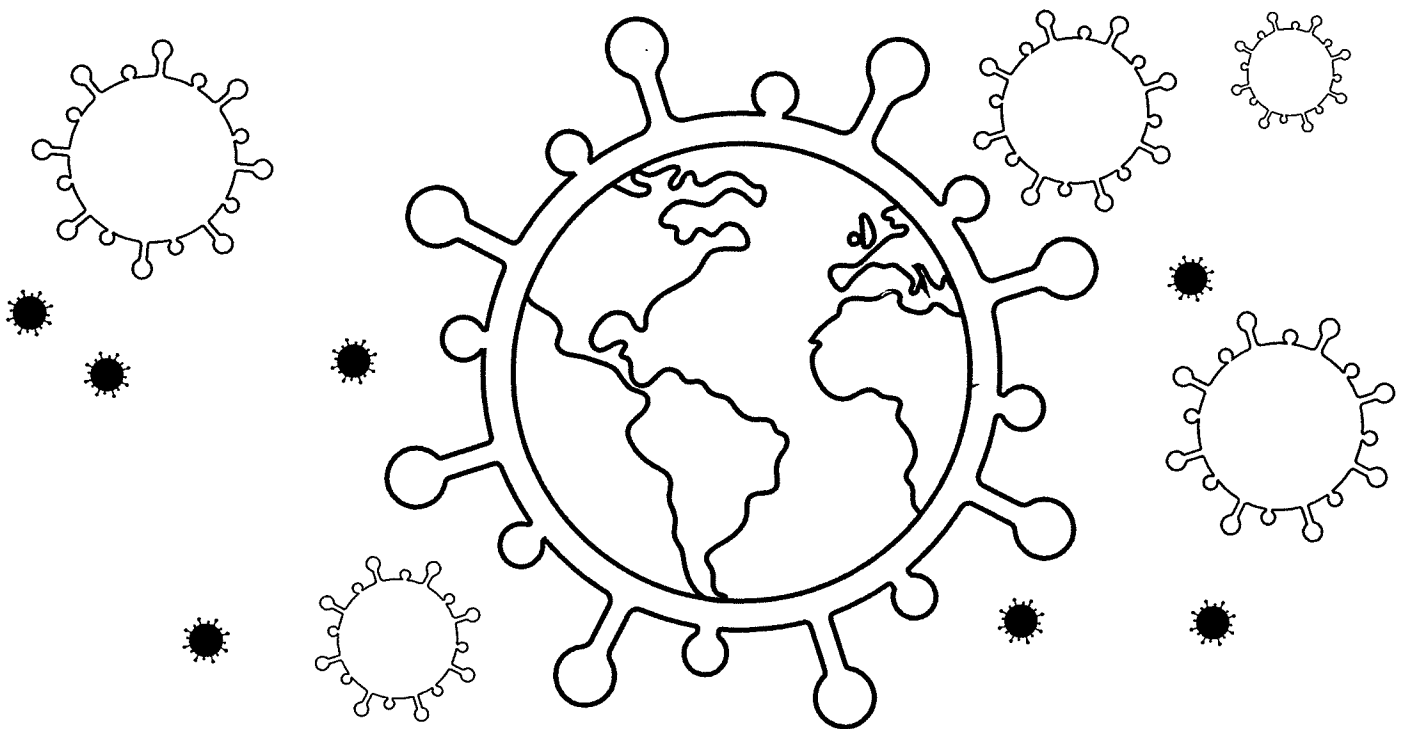
Best wishes,

Ms Vigo

The School Counselor



MY 2020 COVID-19 TIME CAPSULE

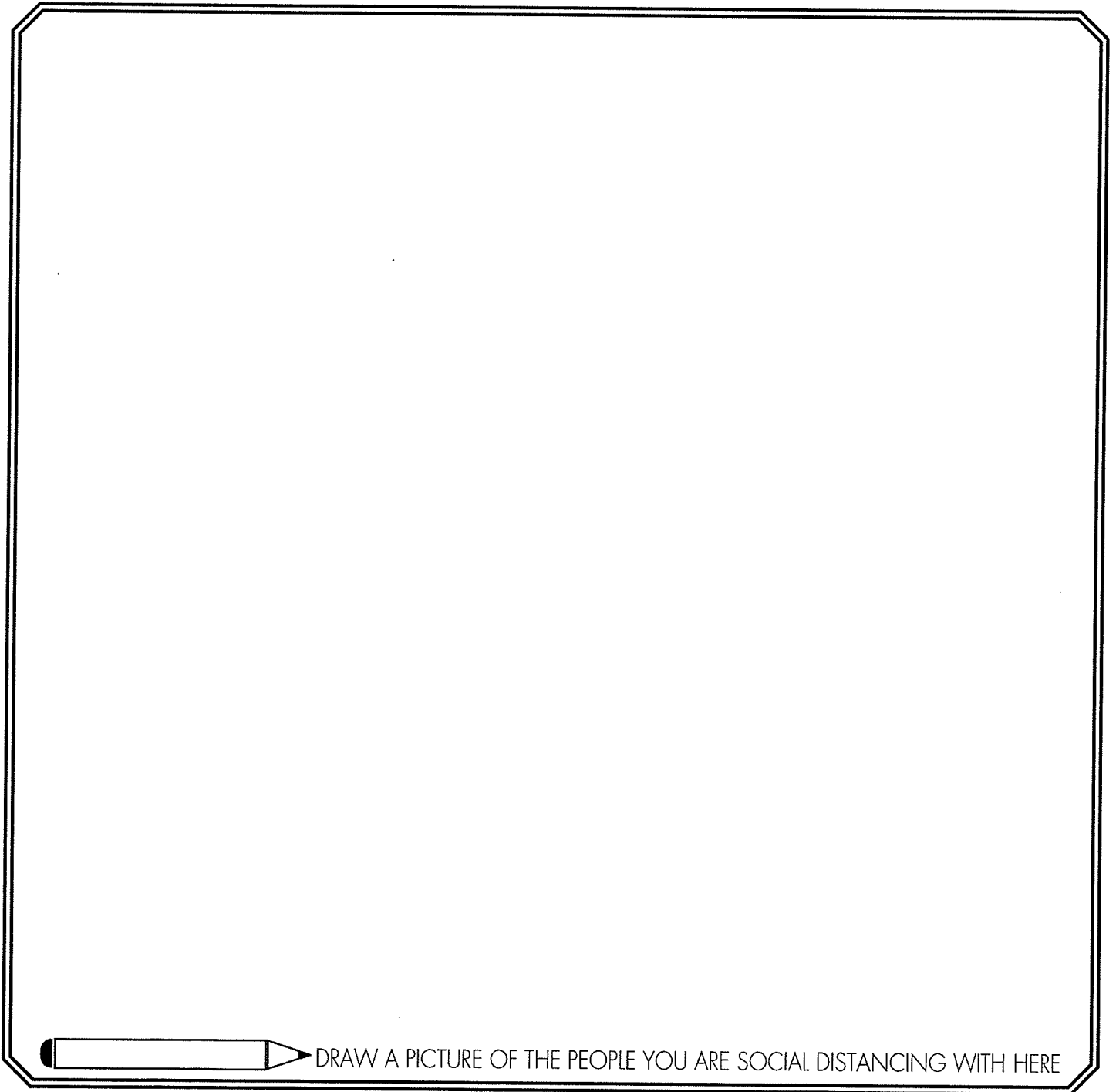


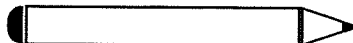
BY: _____

YOU ARE LIVING THROUGH HISTORY RIGHT NOW

TAKE A MOMENT TO FILL IN THESE PAGES FOR YOUR FUTURE SELF TO LOOK BACK ON. AND HERE ARE SOME OTHER IDEAS OF THINGS TO INCLUDE:

- SOME PHOTOS FROM THIS TIME
- A JOURNAL OF YOUR DAYS
- LOCAL NEWSPAPER PAGES OR CLIPPING
- ANY ART WORK YOU CREATED
- FAMILY / PET PICTURES
- SPECIAL MEMORIES



 DRAW A PICTURE OF THE PEOPLE YOU ARE SOCIAL DISTANCING WITH HERE

♥♥ ALL ABOUT ME ♥♥

I AM

YEARS
OLD

I STAND

INCHES
TALL

I WEIGH

POUNDS

SHOE SIZE

MY FAVOURITES

TOY: _____

COLOUR: _____

ANIMAL: _____

FOOD: _____

SHOW: _____

MOVIE: _____

BOOK: _____

ACTIVITY: _____

PLACE: _____

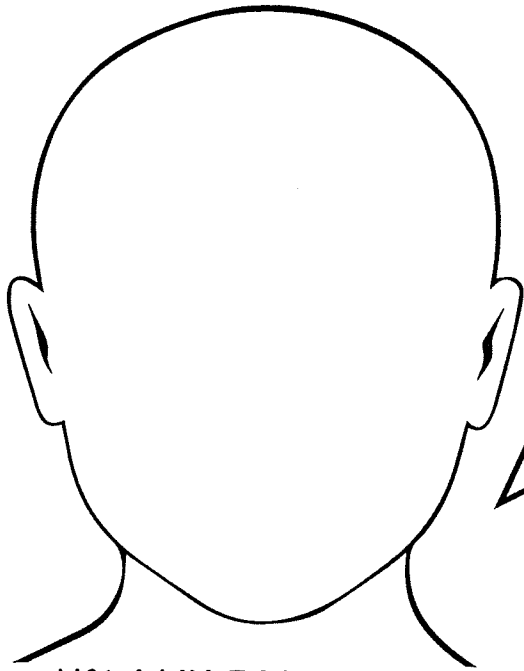
SONG: _____

MY BEST FRIEND/S:

WHEN I GROW UP I WANT TO BE:

DATE: _____

HOW I'M FEELING



HOW MY FACE LOOKS



WORDS TO DESCRIBE HOW I FEEL:

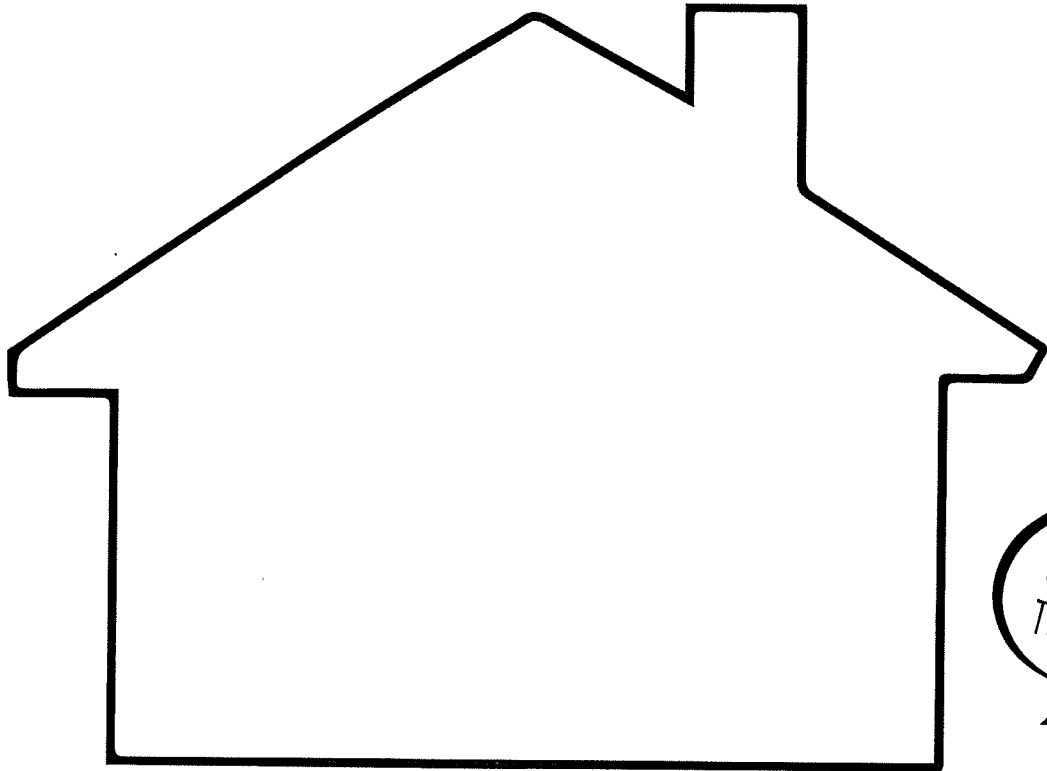
WHAT I HAVE LEARNT MOST FROM THIS EXPERIENCE:

I AM MOST THANKFUL FOR

THE 3 THINGS I AM MOST EXCITED TO DO WHEN THIS IS OVER:

<p>1</p> <hr/> <hr/> <hr/>	<p>2</p> <hr/> <hr/> <hr/>	<p>3</p> <hr/> <hr/> <hr/>
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MY COMMUNITY



COLOUR THIS HOUSE
TO LOOK LIKE YOURS

WHERE I AM LIVING DURING THIS TIME:



WHAT THINGS ARE YOU DOING TO HELP FEEL CONNECTED/HAVE FUN
OUTSIDE (e.g hearts in windows, chalk notes on sidewalk, etc)

HOW ARE YOU CONNECTING WITH OTHERS?



YOU ARE NOT STUCK AT HOME,
YOU ARE SAFE AT HOME!



WHAT I AM DOING
TO KEEP BUSY:

OUR HANDPRINTS

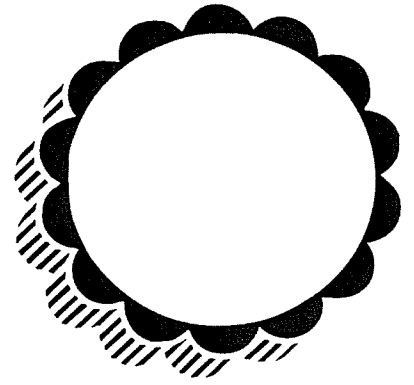


PRINT THE HANDS OF ALL THE PEOPLE LIVING IN YOUR HOME
(IN DIFFERENT COLOURS) AND PLACE YOUR HANDS HERE

INTERVIEW YOUR PARENTS

WHAT HAS BEEN THE BIGGEST CHANGE?

HOW ARE YOU FINDING HOMESCHOOLING?



DAYS SPENT INSIDE

HOW ARE YOU FEELING?

YOUR TOP 3 MOMENTS FROM THIS EXPERIENCE:

1. _____
2. _____
3. _____

WHAT ACTIVITIES/HOBBIES HAVE YOU MOST ENJOYED DOING?

WHAT ARE YOU MOST THANKFUL FOR?

WHAT TV SHOW YOU WATCHED : _____

GOAL/S FOR AFTER THIS:

YOUR NEW FOUND FAVOURITE INSIDE FAMILY ACTIVITY:

FAVOURITE FOOD TO BAKE: _____

FAVOURITE TIME OF DAY: _____

