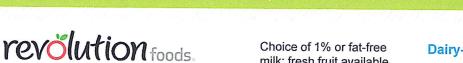
November



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	Z _t	5	6
Cinnamon Chex Cereal with Fruit or Juice (V)	Lemon Muffin with Fruit or Juice (V)	Yogurt with Educational Snacks and Fruit or Juice (V)	Cinnamon Crumble with Fruit or Juice (V)	Our Grab & Go Option Monday- Friday from 8 am to 9am
9	10	11	12	13
Multigrain Cheerios with String Cheese and Fruit or Juice (V)	Yogurt with Educational Snacks and Fruit or Juice (V)	No school	French Toast Sticks and Fruit or Juice (V)	Our Grab & Go Option Monday- Friday from 8 am to 9am
16	17	18	19	20
Banana Muffin with Fresh Fruit	Yogurt with Granola and Fruit or Juice (V)	Blueberry Burst Bagel w/ Cream Cheese and Fruit or Juice (V)	Lemon Muffin with Fruit or Juice (V)	Our Grab & Go Option Monday- Friday from 8 am to 9am
23	24	25	26	27
Corn Chex Cereal with String Cheese and Fruit or Juice (V)	Blueberry Muffin with Fruit or Juice (V)	No school	No school	No school
30				
Plain Bagel with Fruit				

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

surveymonkey.com/r/meals-survey



This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Dairy-Free (DF) Vegetarian (V)

November



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Flame-Broiled Beef Hamburger (DF) Creamy Pasta Alfredo with Yogurt (V) Lemon Pepper Corn	Mac & Cheese Pasta with Chicken Sausage Cheddar Cheese Sandwich (V) Chopped Romaine Lettuce and Sliced Tomatoes	Pesto Pasta Salad with Chicken Southwest Veggie Wrap (V) Black Beans, Edamame, Carrots and Corn	Breakfast for Lunch: Pancakes and Omelet (V) Penne Pasta with Meat Sauce (DF) Carrots Corn Peas	6 Our Grab & Go Option Monday-Friday from 8 am to 9am
Chicken Corn Dog Bites Sunbutter and Jelly Kit (V) Baby Carrots	Jerk Chicken Drumstick with pineapple Carrot Rice Seasoned Green Beans	11 No school	Five Cheese 12 Lasagna (V) Crispy Chicken Sandwich Kidney Beans, Edamame, Carrots and Corn	13 Our Grab & Go Option Monday- Friday from 8 am to 9am
Classic Chicken Sausage & Cheddar Eggwich with Roasted Potatoes/ Southwest veggie wrap Baby Carrots	Hot Meatball SUB / Sunbutter and Jelly Kit (V) Seasoned Green Beans	The Revolution Hot Dog with Ketchup (DF) Chicken Bites Broccoli and Carrot Salad	Chicken Parm Pasta Flame-Broiled Beef Hamburger (DF) Baby Carrots	Our Grab & Go Option Monday- Friday from 8 am to 9am
The Revolution Hot Dog with Ketchup (DF) Baby Carrots	Plame-Broiled Pepperjack Cheeseburger Chicken Salad Sandwich (DF) Chopped Romaine Lettuce	25 No school	<mark>26</mark> No school	27 No school
Flame-Broiled 30 Pepperjack Cheeseburger Chicken Salad Sandwich (DF) Chopped Romaine Lettuce				

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Vegetable of the Day

Dairy-Free (DF) Vegetarian (V) options available daily – if not listed on the menu, available upon request

November



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Goldfish Colors with Fruit	3 Sunflower Seeds with Fruit	டி Honey Grahams with Fruit	5 Yogurt with Fruit	Our Grab & Go Option Monday-Friday from 8 am to 9am
9 Educational Snacks with Fruit	10 Cinnamon Grahams with Fruit	11 No school	12 Educational Snacks with Fruit	Our Grab & Go Option Monday-Friday from 8 am to 9am
16 Whole Grain Goldfish	17 Yogurt with Fruit	18 Educational Snacks with Fruit	19 Cinnamon Grahams with Fruit	Our Grab & Go Option Monday-Friday from 8 am to 9am
23 Cinnamon Grahams with Fruit	24 Goldfish Colors with Fruit	25 No school	26 No school	27 No school
30 String Cheese with Fruit				

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Fresh fruit available daily except when fruit juice, string juice or Sunbutter are served.

Dairy-Free (DF) Vegetarian (V)



